

مدرسة الوحدة العربية

ARAB UNITY SCHOOL



WELLBEING POLICY



Cambridge Assessment
International Education

edexcel 
advancing learning, changing lives

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Date reviewed	September 2022
Next update	September 2023
Reviewed by	Mr. Leonard Murphy

VISION STATEMENT

Our vision is that Arab Unity School aims to provide a stimulating, inclusive learning environment that challenges our students to discover their potential and develop into respectful, reliable, resilient and purposeful leaders of the global community.

MISSION STATEMENT

Our mission is to provide an affordable education with a solid foundation of knowledge, technology and life skills enabling our students to be socially conscious and responsible individuals.

CORE VALUES

Character Building Morally accountable Diligent Trustworthy Self-regulator Caring	Progressive Thinking Technologically competent Collaborative Adaptable Enquiring Creative
Global Commitment Environmentally conscious Persevering Tolerant Effective Participant	Leadership Skills Inspiring Motivating Decisive Consistent Team player Reflective Learner

Introduction:

Arab Unity School promotes well-being in all learning experiences by providing an environment and curriculum that helps the students to develop knowledge, understanding, and skills to manage their own health and well-being and develop the capacities to support the well-being of others.

Our wellbeing team works to promote and protect the social and emotional well-being of Arab Unity community including that of students, families, and staff. We aim to work proactively and reactively, to ensure sound emotional development, which in turn allows pupils to flourish within the classroom. The values we promote for our community of students, staff and parents are based on the PERMA model of positive psychology applied to education.

We are committed to providing a caring and supportive environment for all students, staff and parents. This policy outlines the ways in which we, as school care for and nurture the emotional wellbeing of our students and staff.

What is 'Wellbeing'

"The presence of the highest possible quality of life in its full breadth of expression focused on but not necessarily exclusive to: good living standards, robust health, a sustainable environment, vital communities, an educated populace, balanced time use, high levels of democratic participation, and access to and participation in leisure and culture".

Objectives:

- To provide an integrated and comprehensive curriculum approach that develops knowledge, incorporates equitable opportunities for all students, staff to enhance their own and others wellbeing through their daily learning experiences
- To identify areas where focused support or intervention is required to improve each child's learning and development
- To create a safe and happy environment for students and staff.
- To reassure support and comfort during challenging times.
- To build a school community where mutual respect and relationships between staffs and students are valued.
- To support the emotional, physical and social well-being of every student and staff

Wellbeing Rationale of Arab Unity School

Student Wellbeing

Academic Support:

- A balanced and integrated curriculum that gives them opportunities to nurture their personal social capacities and equip them with the skill to face challenging times.
- Improved school and classroom environment, facilities and resources.
- An exciting and varied range of extra-curricular activities and events.
- Using a range of teaching styles appropriate to age, ability, and level.
- An emphasis on reward and recognition for effort and achievements.
- Opportunities for reflection and personal development through art, religious and moral values.
- Information and guidance on health and development.

Emotional & Social:

- Empowering the student council members to voice the needs of students and actively participate in developing and implementing the wellbeing action plan.
- Encouraging positive, caring and constructive relationships between students.
- Improved overall behavior and attendance.
- Positive and effective relationships between staff, students and parents.
- Access to school counselor for further support when required.

Student of Determination:

- Strong and dedicated team for support.
- Enhanced IEPs/ BIPs/ strategies for academic and behaviour concerns.
- Pupil passport of individual students shared with all stakeholders at school.
- Active involvement of parents in school priorities and reviews for children with special education needs.
- Counselors support for students who are identified to have wellbeing needs.
- Consistent support for students through additional learning support, resources, modifications and other agencies where appropriate.

Parent Wellbeing

- Increased parental involvement through the parent-teacher meeting and other programs.
- Having an 'open door policy'.
- Conducting parental surveys and workshops.
- Parental involvement in school life and learning.

- Regular communication and involvement regarding student progress, behaviour & pastoral issues.

Staff Wellbeing

- Involving all staff in decision making and proposed change through timely surveys.
- Well-organized training and induction to new staff and existing ones.
- Consultation in training, support and resource needs through regular review.
- Opportunities to discuss with the principal/ senior leadership team on any issues/ concerns.
- Provide additional support at times of particular stress or any difficulty through an open-door policy to approach the counselor or wellbeing in charge.
- Frequent workshops to enhance new learning, emotional and healthy lifestyle.

Wellbeing Committee:

The Arab Unity School wellbeing team is dedicated to the emotional, physical and social well-being of every individual and aims to support healthy, safe, productive, capable and responsible lives.

The role of the Well-being team is to use the well-being data along with other observations to respond to students personal, social, emotional, and academic concerns. They also strive to provide a caring and non-judgmental environment in which the students can improve their well-being. Individual support is provided for a diverse range of issues relating to mental health difficulties such as stress, anxiety, and low mood.

Member of Wellbeing Committee

- Governor for Inclusion Wellbeing & Safeguarding
- Principal
- Vice Principal
- Head of Inclusion
- Counselors
- Wellbeing representative of each section
- Student Ambassadors for wellbeing

Roles & Responsibilities:

- Ensure the provision of a healthy working environment.
- Collaborate with all members and staff in being positive role models of wellbeing.
- Provide pastoral/ welfare support for individual staff as required.
- Providing a safe environment through the training and implementation of safeguarding and Anti-bullying policies.
- Ensure that all students and staff are treated in a fair, sensitive, and confidential manner.
- Facilitating training and workshops according to plan and need basis.

Monitoring and Evaluation

The Arab Unity Wellbeing policy is available on the school website and on edunation. If required hard copies for parents can be obtained from the school office. The well-being committee is controlled and monitored by the Principal, Senior Leadership Team by timely meeting and reports.

Prepared by:

Date: 10-09-2022

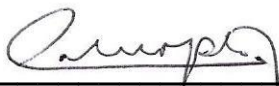


Dhanya Augustus
Head of Inclusion

The AUS Wellbeing Policy is reviewed and guided by the school governor for Inclusion, Wellbeing, Child Protection and Safeguarding, Ms. Amna Ibrahim Al Mutawa.

Signed by:

Date: 09-01-2023



Mr. Leonard Murphy
Principal